Example of a School’s Alternate PE Plan

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| **The following section will describe the way(s) in which the staff at [School Name] will supplement the insufficient amount of Physical Education instruction based on WV Code 18-2-7a. (Check all that apply)** |  |

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| Classroom teachers implement additional physical education and physical activity by teaching students gross motor games, incorporating movement into daily school day and curricular areas. | **Y** |
| Classroom teachers collaborate and work under the guidance of our certified PE teacher to provide physical activities to address WV Wellness Standards / Physical Education standards and ensure physical activities are developmentally appropriate. | **N** |
| Classroom teachers implement additional physical education and physical activity by using resources from the following online sites: | **Y** |

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| --- | --- |
| Active Academics | **Y** |
| Alliance for a Healthier Generation | **N** |
| Fuel Up to Play 60 | **N** |
| Go Noodle | **Y** |
| P.E. Central | **N** |

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| Others |
| Let’s Move activities in the classroom 4th grade students walk daily from 7:30-8:00 (Monday thru Thursday). Other movement weekly through our music program. |
| Our music program also incorporates movement, dance, and rhythm movements into the curriculum and the music teacher collaborates with the PE teacher to address WV Wellness Standards. | **Y** |

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| **The following section will describe other ways in which the staff will supplement the insufficient amount of Physical Education instruction:** |
| Morning movement period in the gym where structured dances are led, and other times physical activity stations are set up.  | **N** |
| Our students use the walking / jogging trail. | **Y** |
| Our school has a walking / jogging program. | **N** |
| Our school utilizes the Alliance for a Healthier Generation Indoor Fitness Trail when classes are traveling throughout the school.  | **N** |
| Our school offers intramural programming to all students. | **N** |
| Classroom teachers utilize energizers and physical activity brain boosts. | **Y** |
| Other(s) |  |